DOES INTRAMEDULLARY SIGNAL INTENSITY CHANGE ON MR IMAGES EFFECT ON THE SURGICAL OUTCOME OF PATIENTS WITH CERVICAL MYELOPATHY?

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PURPOSE: The prognostic significance of intramedullary signal intensity change on MR images remains controversial in cervical myelopathy. We examined whether or not high signal intensity change in T2-weighted image (T2WI) and low signal intensity change in T1-weighted image (T1WI) are related to the clinical results. METHODS: We performed spinous process-splitting laminoplasty in 64 patients with cervical myelopathy. Patients were classified into three groups. Group A was with no intramedullary signal intensity change on T1WI and T2WI. Group B was with no signal intensity change on T1WI and high signal intensity change on T2WI. Group C was with low signal intensity change on T1WI and high signal intensity change on T2WI. Patients were clinically evaluated using the Japanese Orthopaedic Association (JOA) scoring system for cervical myelopathy. RESULTS: There were not significant differences between Group A and Group B when comparing the recovery rate through the JOA score and symptom duration. However, the recovery rate of Group C was significantly lower and symptom duration of Group C was significantly longer than Group A and Group B. The patients with regression of intramedullary signal intensity change had significantly better outcome on recovery rate than the patients without regression. CONCLUSION: The high signal intensity change on T2WI does not indicate a poor prognosis and reflects a broad spectrum of spinal cord reparative potentials. However, the low signal intensity change on T1WI indicates a poor prognosis.